

Kindergarten Preparation Check List

This is a simple list of academic skills your child can work on before Kindergarten. This is by no means an extensive list as each school board has its own curriculum. These are merely skills that I've seen are workable for parents to practice with their children at home. If you are interested in finding your local curriculum you can check online.

- Knows basic colours
- Knows basic shapes
- Can recite ABC's
- Can recognize individual letters in print
- Can count to 10
- Can recognize numbers in print
- Understands the difference between letters and numbers
- Knows relative size (big/small)
- Can identify basic opposites
- Understands general times of day (morning, night...)
- Understands basic positions and spatial concepts (up, down, top middle, bottom, above, below...)
- Knows body parts
- Can sort things by colour, shape and size
- Holds a pencil correctly
- Holds scissors and can cut paper with them
- Can trace basic shapes and letters
- Draws and colors beyond scribbles
- Can put together a 10 piece puzzle
- Can describe basic emotions and feelings
- Knows his/her first and last name
- Can write his/her name
- Can recognize his/her name in print
- Knows his/her age and birthday
- Knows parent's names
- Knows the name and ages of his/her siblings
- Knows home phone number
- Knows home address
- Is aware of any food allergies he/she has
- Understands basic safety rules (look both ways before crossing the street, don't talk to strangers...)