

## *Practice Makes Perfect Game: Table Manners*

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Cut out the cards and give two to each person around the dinner table. Everyone is to secretly read the instructions on the card and then practice the specific instructions on their cards throughout dinner. Once dinner is finished take turns guessing which "Table Manner" everyone had on their cards.

Place your napkin on your lap. If you need to leave the table place your napkin on your chair. When you are finished eating place it on the left side of your plate.	Don't reach for food or anything else on the table. Instead, say "Can you please pass the..." when you want something.
Take small bites of food and eat with your mouth closed. Do not talk with your mouth full of food either.	Wipe your lips with your napkin before you take a sip from your cup.
When you take a pause from eating place your knife and fork on your plate crossed.	When you are finished eating put your fork and knife on your plate in the 5 o'clock position,
Don't shovel food in your mouth. Use your fork and knife properly and not your fingers (unless you are eating finger food).	Remain seated at the table until everyone is finished.
Try a bite of everything on your plate even if you know it is something you do not like.	Keep your elbows off the table while you are seated.
When serving yourself, take only enough food that you are certain to eat in one sitting.	Remember to say "Thank You" throughout the meal when appropriate.