

# Stay Healthy Word Search

(EASY)

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Y	W	E	T	I	F	O	O	D
H	A	A	T	W	E	L	L	B
T	V	I	T	A	M	I	N	S
L	E	A	A	E	B	O	D	Y
A	E	C	T	T	R	A	E	H
E	S	I	C	R	E	X	E	I
H	V	S	A	F	E	T	Y	E

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Find the following words in the puzzle above frontwards, backwards, diagonally, up and down. The remaining letters will spell a secret message.

BODY

EXERCISE

FOOD

HEART

VITAMINS

EAT

FIT

HEALTHY

SAFETY

WATER