

# Emotion Charades

Cut out each word and place in an empty jar, hat, or paper bag to mix up. Have family members take turns picking a piece of paper to act out the emotion without talking and let everyone else guess what emotion was drawn from the jar. If you have small children who cannot read themselves work in teams or draw each emotion word and have everyone take turns acting out the feeling.

Angry

Proud

Bashful

Sad

Bored

Scared

Excited

Surprised

Frustrated

Tired

Happy

Worried