Bicycle Word Starch

(EASY)

S	S	Е	L	С	Y	С	R
Т	Р	Ε	D	Α	L	S	G
Ε	O	U	L	Ε	S	Ε	T
M	K	S	O	Ε	Α	F	R
L	Ε	Т	K	R	Н	Ε	Α
Ε	S	Α	S	R	O	Α	I
Н	R	D	В	Ε	L	L	L
В	S	I	G	N	Α	L	S

Find the following words in the puzzle above frontwards, backwards, diagonally, up and down. The remaining letters will spell a secret message.

BELL GEARS SIGNAL
BRAKES HELMETS SPOKES

CYCLE PEDALS TRAILS